

"Traditional reflexology is but a small part of Full-body reflexology." Arve Fahlvik

Arve Fahlvik was born in 1968, in Norway, and worked in the computing field before reflexology took over his life. He studied Full-body Reflexology under the late Karl Axel Lind from Sweden and is one of the very few reflexologists authorized by Karl Axel Lind to teach Full-body reflexology in 2005. He teaches the 400 hour, Full-body reflexology program according to the guidelines of NNH, Norway's largest multi-modality organization for complimentary medicine. While having radical, and sometimes controversial, opinions about reflexology and health, Arve has served in many capacities with various organizations. While continually writing and creating new drawings to increase profound knowledge and understanding of reflexology, his other passions include snowboarding and karate.



Reflexology Education and Career

- 1997 Ear and Foot Reflexology Certification
- 1999 Full-body Reflexology Certification (400 hours) with teacher Karl Axel Lind
- 1999-Present Private Reflexology Practice

Memberships and Organizations

- 2003-2004 **Chairperson** Norsk Refleksologisk Forbund (Full-body Reflexology Organization merged with NNH in 2004)
- 2004-2010 **Board member** NNH (Norways largest multi-modality organization for complimentary medicine.
- 2005-2016 **Representative** NNH in RiEN (Reflexology in Europe Network) RiEN is a network for exchanging information about education standards and regulatory framework for national organisations for reflexology. Coordinated the bi-annual conference.
- 2011-2013 **Vice-Chairperson** RiEN (Reflexology in Europe Network)
Have been active in **Nordic Reflexology Interest Group** for many years. The network is very informal, no membership, no constitution. It is similar to RiEN, but the Nordic countries have similar language and governing, so these countries have very much in common.

Presentations and Teaching

- 2005 Accepted by Karl Axel Lind as teacher in Full-body reflexology.
Teach Full-body reflexology according to the guidelines of NNH, 400 hour program.
- 2015 Speaker on webinar by Teresa Rich at ReflexologyUK.org.
- 2015 Poster presentation at the ICR conference in Sheffield.
- 2014 Speaker at the RiEN conference in Madeira.
- 2014 Speaker at the Sarafijn Anniverssary conference, Belgium.
- 2013 Speaker at the Reflexology Association of Greece conference in Athens.
- 2011 Speaker at the Norske Naturterapeuters Hovedorganisasjon AGM, Norway.
- 2007 Speaker at the Nordic Reflexology Network AGM, Norway.

Articles

Have many articles published in the ICR newsletter and the NNH magazine.
Responsible for the preparation of NNH guidelines for teaching in Full-body reflexology.
Writing the blog <https://arvefahlvik.wordpress.com/> on Reflexology theory and philosophy.