

Central Pennsylvania Reflexology
Client Intake/Client Consent Form

Name _____ Date _____ DOB _____ Occupation _____

Address _____ City _____ State _____ Zip _____

Best method to contact you in the event of an appointment change. Please select one that you check regularly.

Text(number to use) _____ Email (address to use) _____

Cell phone (number to use) _____ Home phone (number to use) _____

Emergency Contact _____ Relationship _____ Phone _____

Medically Diagnosed Health Issues (diagnosed by a licensed physician) _____

Health Issues (Challenges you notice but are not formally diagnosed) _____

Surgeries _____

Are you taking any pain or steroid medications? (which ones?) _____

Please check all that you currently do or experience:

Exercise Regularly Drink Caffeine Stressful job Low Energy Anxiety Negative Attitude Smoke
 Anger Outbursts Moodiness Feeling Down Chronic Pain Home Stress Positive Attitude Allergies

As a client of Central Pennsylvania Reflexology, I understand that:

1. You are a Medical Reflexology Practitioner and not a medical doctor.
2. You practice Reflexology -- you do not practice medicine.
3. You can discuss problems with reflex areas, but you do not diagnose or treat for a specific illness.
4. The reflexological assessments that are performed by Central Penn Reflexology are not a medical diagnosis or assessment for a certain disease or condition. Medical diagnosis and assessments can only be performed by a qualified medical professional.
5. You do not prescribe, adjust medication or counsel clients to stop taking a medication.
6. Reflexology is not a substitute for medical care. If I am experiencing any specific medical problems, I will see my doctor as soon as possible.
7. There are several conditions that may cause complications. However, this does not mean that you will not be able to have your session. I will inform the practitioner, prior to my session, if I have any of the conditions listed below, and/or if I have recently been treated for them:

Deep vein thrombosis, Thromboplebitis, Cellulitis on the feet or legs, acute infection with high temperature, a recent Stroke or Heart attack, an unstable pregnancy, a recent surgery, fracture or broken bone in the foot, clients taking anti-coagulating drugs (i.e. warfarin and heparin), open sores, infections or anything contagious.

8. There can be physiological responses that sometimes occur as part of the body's natural cleansing process such as nausea, headache, dizziness, diarrhea or muscle soreness in response to up to the first three reflexology sessions.

Client Signature _____ Date _____

Central Pennsylvania Reflexology does not employ licensed, medical doctors. Information provided in your session should not be construed as medical advice. Central Penn Reflexology is a complement to, not a replacement for, standard medical care.